# **Scotland County Schools**

Page 1	Recipe	e	Sep 22, 2016
Recipe: 000934 Scot-LASAGNA W/Chicken Stri Recipe Source: Scot-Rena Recipe Group: ENTREES	Re	cipe HACCP Process: #2 Same Day Service	
Alternate Recipe Name: Chicken Lasagna			
Number of Portions: 100 Size of Portion: SERVINGS			
904434 Scot-Chicken Strips, cooked, unseasoned,froze 900684 Scot-ONION, CHOPPED DEHYDRATED 002020 GARLIC POWDER	10 LB 2 CUP 1/4 CUP	1. Heat Chicken Strips in brazing pan. Add onions and minutes.	d garlic powder. Cook for 5
903517 Scot-Pepper,Black, Table 002029 SCOT-PARSLEY,DRIED 904194 TOMATOES,CRUSHED,CANNED,HEATED 904193 TOMATO PASTE,CANNED,HEATED 014429 WATER 002003 BASIL,GROUND 002027 OREGANO,GROUND 002023 MARJORAM,DRIED 002042 THYME,GROUND	2 teaspoon 1/2 CUP 1 #10 CAN 1/2 #10 CAN 1 GAL + 2 QT 1/4 CUP, ground + 2 TBSP, ground 1/4 CUP, ground + 2 TBSP, ground 2 TBSP 2 TSP	2. Add pepper, parsley flakes, canned tomatoes, toma Heat to boiling, uncovered. Remove from heat.	to paste, water, and seasonings.

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### Recipe

901866 Scot-Lasagne Noodles (Ridged)	5 LB + 8 OZ	3. Assemble ingredients as follows:	
901847 Scot-Cheese Cheddar, Shredd, RF Com-B027	3 LB + 2 OZ	For 50 servings, use 2 steamtable pans (12"x20"x2 1/2").	
001028 CHEESE, MOZZARELLA, PART SKIM	4 LB + 12 OZ	For 100 servings, use 4 steamtable pans (12"x20"x2 1/2").	
		1st layer1 qt 1/2 cup sauce	
		2nd layer10 uncooked noodles lengthwise	
		3rd layer1 gt 1/2 cup sauce	
		4th layer6.5 oz Amer Cheese (1.75cup), 10oz Mozz Cheese (2.5cup) 5th layer8	
		uncooked noodles crosswise	
6th layer1 gt 3/4 cup sauce			
7th laver6oz Amer.Cheese (1.5cup + 2TBSP), 9oz Mozz Chees			
		4. Tightly cover pans.	
		5. Bake:	
		Conventional oven: 350 F for 1 1/4-1 1/2 hours Convection oven: 325 F for 45 minutes	
		6. Remove pans from oven. Uncover. Let stand for 15 minutes before serving.	
		7. Cut each pan 5x5 (25 pieces per pan).	
		SERVING: 1 piece provides the equivalent of 2 ounces of cooked lean meat, 3/8 cup of	
		vegetable, and 3/4 serving of bread alternate.	

### \*Nutrients are based upon 1 Portion Size (SERVINGS)

Calories	274 kcal	Cholesterol	51.60 mg	Sugars	*0.28* g	Calcium	*321.02* mg	30.21% Calories from Total Fat
Total Fat	9.20 g	Sodium	425.44 mg	Protein	21.45 g	Iron	*1.85* mg	16.91% Calories from Saturated Fat
Saturated Fa	5.15 g	Carbohydrate	26.16 g	Vitamin A	*708.99* IU	Water <sup>1</sup>	96.12 g	*0.00%* Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	2.38 g	Vitamin C	*12.37* mg	Ash <sup>1</sup>	1.40 g	38.18% Calories from Carbohydrates
		-	-				-	31.32% Calories from Protein
*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient								
* - denotes combined nutrient totals with either missing or incomplete nutrient data								
<sup>1</sup> - denotes optional nutrient values								
<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.								

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Miscellaneous		Attributes	<u>Allergens</u> Present	<u>Allergens</u> Absent	Allergens Unidentified
Meat/Alt	2.000 oz				? - Milk
Grain	0.750 oz				? - Egg
Fruit	cup				? - Peanut
Vegetable	0.375 cup				? - Tree Nut
Milk	cup				? - Fish
Moisture & Fat Cha	nge				? - Shellfish
Moisture Change	0%				? - Soy
Fat Change	0%				? - Wheat
Type of Fat					

#### **Production Specification**

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	904434	Scot-Chicken Strips, cooked, unseasoned, froze			
I	900684	Scot-ONION, CHOPPED DEHYDRATED			
	002020	GARLIC POWDER			
I	903517	Scot-Pepper,Black, Table			
I	002029	SCOT-PARSLEY, DRIED			
	904194	TOMATOES, CRUSHED, CANNED, HEATED			
	904193	TOMATO PASTE, CANNED, HEATED			
	014429	WATER			
I	002003	BASIL,GROUND			
I	002027	OREGANO, GROUND			
I	002023	MARJORAM, DRIED			
	002042	THYME, GROUND			
Ι	901866	Scot-Lasagne Noodles (Ridged)			
	901847	Scot-Cheese Cheddar, Shredd, RF Com-B027			
	001028	CHEESE, MOZZARELLA, PART SKIM			

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